

EAT. DRINK. SOCIALIZE.

JPMC MARKETPLACE
Monday-Friday 7:30-2pm

WEEK OF OCTOBER 20, 2025



RISE & SHINE

DAILY BREAKFAST

fresh fruit cups	3.09
fresh baked pastry	2.19
breakfast burrito	5.95
omelets made to order	6.19

HEALTHY CENTS BREAKFAST

M - fresh fruit & yogurt parfait	1.75
T - egg white & turkey sausage taco	1.75
W - turkey sausage , egg cheese muffin	1.75
Th - Greek egg & cheese wrap	1.75
F - Duval omelet	1.75

MON

BREAKFAST DEAL - southwest plant based chorizo wrap with hash brown patty	5.95
NATIONAL SEAFOOD MONTH -lemon herb fish, roasted mushrooms, au gratin potato	8.95
HEALTHY CENTS - turkey burger with fruit salad	3.50

TUES

BREAKFAST DEAL - sweet parsnip & turkey egg bites	5.95
TACO 2DAY - chicken, or beef taco \$3ea	bowl \$6.50/sides \$1.95 ea
HEALTHY CENTS GRILL -herb grilled chicken sandwich with fruit salad	3.50

WED

BREAKFAST DEAL - 2 pancakes, 2 eggs, 2 bacon	5.95
KITCHEN COMFORTS - fried chicken, mac & cheese, & fried okra	7.75
HEALTHY CENTS - fresh salad bar	3.50

THURS

BREAKFAST DEAL - ham & cheese breakfast burrito with hash patty	5.95
LUNCH GRILL - chicken tender basket	7.75
HEALTHY CENTS - beef & broccoli, fried rice, stir fry veggies	3.50

FRI

BREAKFAST DEAL - sausage egg & cheese bagel with hash patty	5.95
LUNCH Grill - bbq mushroom quesadilla with fries	7.75
HEALTHY CENTS - curry chicken breast, steamed basmati & veggies	3.50

**CONNECT
WITH US**



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WEEKLY FEATURES

ITEMS AVAILABLE ALL WEEK

fresh salad bar	.59/oz
made to order deli sandwiches	5.99
philly cheesesteak	6.50
cheeseburger	6.59
chicken sandwich	6.59

DELI FEATURE

available Monday-Thursday

Avocado turkey sandwich with
baker chips or fruit salad
7.75



thrive

Download and order
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SOUPS

MONDAY

Baked potato	12oz-3.65
	16oz-4.09

TUESDAY

chicken noodle	12oz-3.65
	16oz-4.09

WEDNESDAY

Tomato bisque	12oz- 3.65
	16oz- 4.09

THURSDAY

Clam chowder	12oz-3.65
	16oz-4.09

FRIDAY

Harissa white bean	12oz-3.65
	16oz-4.09